



CMP Capitol Campus

December 2011

Daily Lunch Menu:

Choice of Entree or Vegetarian Yogurt Meal, Locally Grown Garden Salad Bar with Fresh Fruit Varieties & Low Fat Milk

Monday

Tuesday

Wednesday

Thursday

Friday

1
* Coleman All Natural
Chicken Hot Dog
Potato Wedges

2
*Brookwood Farms
Pit BBQ Pork Sandwich
BBQ Sauce
Homemade Baked Beans

5
Fresh Baked Trout Shapes

6
Oven Roasted Chicken
Homemade Baked Beans

7
*Whole Grain Cheese or
Pepperoni Pizza

8
Mega Noodle Soup
* 1/2 Grilled Cheese
Sandwich

9
Chef's Choice

12
Kona Coast Teriyaki
Roasted Chicken
Steamed White Rice

13
*Turkey Taco Ensalada
Taco Sauce

14
Housemade French Bread
Cheese Pizza

15
*Manwich "Beefy"
Sloppy Joe
Smile Potatoes

16
Krisp & Krunchy
Chicken Tenders
BBQ Dipping Sauce
Mashed Potatoes
with Homestyle Gravy

19
Winter Break - No School, No Hot Lunch Served

***Made with
Whole Grain**

Elementary School
Lunch Price

(Best Value in Town)

Lunch \$1.25

