

Upcoming Events

RECYCLING EVERY FRIDAY

12/26-12/30 ALL OPERATIONS
CLOSED

12/19/11-1/6/12 Winter Inter-
session (No School,
Club M open 12/19/11-
12/23/11 & 1/3/12-1/6/12
ONLY with Reservation)

1/9/12 School Resumes, Governing
Board Meeting 6:30pm at
Carmichael

1/13/12 PJ Day!

1/16/12 No School, No Club M in
Observance of MLK Day

1/17/12 Fundraising Meeting 6pm

1/20/12 Music Recital 6:30pm

1/23/12 CAC Meeting 5:30pm, Soul
of the School Dialogue
6pm

For classroom events, see class



web pages

Principal's Message

Dear Parents and Community Members,

The Continent Party / Winter Celebration was a big hit! Thank you to all parents and family members who attended and who helped in the preparations of the event. Thank you students for your hard work, for the amazing research projects, for the songs, dances and art work that were all spectacular! Thank you teachers and staff for your dedication and commitment to making learning so much fun!

We also want to thank all the parents who helped out in the community breakfast on December 16th. It went really well and we couldn't have done it without our parent/staff volunteers: Sig Lindley, Baldwin Sulit, Tiffany Redmond, Stephanie Papais, David Amaya, Dawn Hadid, Nicki Hadley, and Melanie Driskill. Thank you to all others who we might have missed and helped one way or another.

Our Holiday Toy Drive was also a big hit. We supported the Mustard Seed School and the CHiPS for Kids Drive. Thank you all for your generous donations.

On behalf of teachers and staff, I wish you and yours peace, love and joy during the holiday season and throughout the year. We hope you get lots of rest, relaxation, and wonderful family time!

Sincerely,
Bernie Evangelista
Principal, Capitol Campus
bevangelista@cacmp.org

Happy
Holidays





Campus Advisory Council Parent and Teacher Group

Our next meeting will take place on January 23rd at 5:30—6:00pm, with Soul of the School Dialogue immediately following. See the Items of Interest page on the CMP Capitol website for minutes from past meetings.

Soul of the School Update

The votes are in! Come at 6:00pm to discuss ideas regarding the school project with the most votes—the Black Top. We are looking for ideas from parents and welcome your input! Hope to see you there!

Parent Hours

Letters regarding parent hour totals for each family will be going home when school resumes on January 9th. If you are looking for ways to fulfill your parent hours, please contact your child's teacher or the room parent for your child's class. There are field trips, work days, school events, parent education evenings and more to help you fill your hours. Attending meetings, such as CAC, Fundraising, Grant Writing, Room Parent, Garden Committee etc., can earn you hours as well. Many parents are participating but aren't logging their hours... Don't forget to give yourself credit!



Another great way to earn parent hours is to enroll in the upcoming parent workshop, "Becoming a Love and Logic Parent." Not only will this earn you 12 hours toward your parent participation requirement, but it is a great tool to have in your parenting tool belt. Workshop information and registration forms are at the end of this newsletter.

If you have questions about logging your hours online or other questions relating to parent participation or converting donations to parent hours, please contact the school office at cmcpoffice@cacmp.org or 916-325-0910.

CMP Gear Sale!

We have extended the sale through the *California Montessori Project* end of January!! Buy one, get one half off on apparel. Lunch bags for \$8 and backpacks for \$10. It's a deal you can't pass up! We have lots of polo shirts, both long and short sleeve. Items available while supplies last.



Lunchroom



Helpers

Lunch Help Needed!

Thanks to Jamie and Marijo, we are close to covering every week day in the lunchroom! We are still in need of a parent volunteer from 11:00—1:00 on Thursdays to help out. If you are available, please contact the school office at cmcpoffice@cacmp.org or 916-325-0910.

Recycle!

The middle school class collects recycling every Friday at drop off time, from 8:00-8:15am by the flag in the Citadel carloop. Please remember that the recycling center only accepts CA Redemption Value items. Please bring only plastic, glass and aluminum cans that have the CRV label on them. Hold onto your holiday recyclables over the break and bring them on Friday, January 13th. Every little bit helps! Thank you for your support!



Fundraising Update

Help us make this year's Annual Art, Wine, & Cheese Event a success. We are currently in the process of looking for a venue to hold the event. We would need a place that would allow us to hang art as well as be able to hold about 100-150 people. If you know of any locations that might be willing to donate their space please contact Kim at kgarrett1@gmail.com. Want to learn more on how you can help make this event great? Join us at our next fundraising meeting on Tuesday, January 17th at 6pm in the Teacher's Lounge located within the Multi-Purpose Room.

Thank You,
Fundraising Committee





The California Montessori Project is *Making a World of Difference...*

So join us for a Parent Education Series:
"Becoming a Love and Logic Parent."

Thursdays, beginning February 2, 2012 at the CMP Capitol Campus

***Seating is limited. Advance registration requested.
Registration forms available on the school website: www.cacmp.org**

WHAT is LOVE and LOGIC PARENTING®?

Some of you may be familiar with "Parenting with Love & Logic" and "Love & Logic in the Classroom". Others may have seen Jim Fay's parent program on PBS, "How to Discipline Kids without Losing Their Love and Respect" which is a winner of the 25th Annual Telly Award. This coveted award honors outstanding cable television programs and commercials, plus the finest video/film productions.

Because Love & Logic philosophy goes hand in hand with CMP's high academic and behavioral expectations for all students and our goal of working together to promote positive self-esteem, self-motivation, acceptance of differences, and a sense of responsibility in our students, we are excited to share that we have chosen, "9 Essential Skills for the Love & Logic Classroom" as a specialized professional development program for our staff.

We are also excited to extend this same wonderful learning opportunity to our parent community so that parents feel confident in extending the Love & Logic principals into their student's home life. Love & Logic parenting is not just about learning new and effective discipline techniques. It is also about enhancing relationships, improving communication skills, and supporting the development of respect, self-accountability and responsibility in our children. Love and Logic principles are effective with toddlers to teens and everyone in between. They can also positively impact relationships with adult children, co-workers, and significant others. Get ready to experience something life changing!! Love & Logic tools and strategies help parents take parenting and family life to a whole new level of interaction and enjoyment.

ABOUT the PRESENTER:

Lisa Coates is an independent speaker and trainer providing Parenting and Teacher Education based on the resources of the Love and Logic Institute in Golden, Colorado. Lisa provides in-service teacher training in many areas, to include classroom management. For over ten years, Lisa & her husband Howard have devoted countless hours to coaching and encouraging youth through community sports programs and school volunteerism.

Lisa enjoys watching the positive changes that occur over time with the teachers, students and families with whom she works. Lisa has designed custom parent and teacher training programs to encourage a greater understanding of the Love and Logic classroom and how to extend the Love and Logic experience into the home. During these events, she provides parents with an easy to understand overview of Love and Logic philosophies and tools for parents to experiment with in extending these basic classroom practices into the child's home life.

LOOKING for MORE?

Many of you have attended one or more of Lisa's parent education programs or teacher training workshops. If you have been looking for an opportunity to learn more, or just need a refresher, then it's time to register for the full Love & Logic Parenting series: A six week course designed to provide practical parenting techniques that can positively impact your relationships with your children, and take control of the home in loving ways. During the series, participants will discuss and practice tools and techniques which are easy to master and effective for children of all ages: From toddlers to adulthood.

Dr. Montessori's ultimate goal was to prepare children for the Real World. If you want to raise children who are self-confident, self-reliant, responsible, and ready for the real world, join us for this amazing workshop series to learn and practice win-win approaches to parenting. Your children will win because they'll learn responsibility and the logic of life by solving their own problems. And you'll win because you'll establish healthy control and put the fun back into parenting!!!

Teachers, coaches and others who work with children are also encouraged to attend. These strategies are easily adaptable to the classroom or other child centered facility!



BECOMING A LOVE AND LOGIC PARENT®

America's Most Practical and Entertaining Parent Training!

A parent training program designed for families of children of all ages, by the Love and Logic® Institute, Inc. WWW.LOVEANDLOGIC.COM

WONDERING HOW TO TEACH YOUR CHILD RESPONSIBILITY AND PREPARE HIM/HER FOR THE REAL WORLD?

WOULD YOU LIKE TO FEEL MORE RELAXED AT THE END OF THE DAY?

JOIN US FOR THIS FUN AND PRACTICAL SERIES AND TAKE HOME TOOLS YOU CAN USE RIGHT AWAY!

We'll be covering topics such as:

- ♥ "How do I end the arguments and whining?"
- ♥ "How can I get my children to practice responsibility and good choices?"
- ♥ "How do I get my children to finish their chores and homework without an argument?"
- ♥ "How do I improve family communication and take back control of my home (or classroom)?"
- ♥ From toddlers to teens, take home strategies for these daily challenges and more ...

6 class series for parents, teachers and anyone who works with children:

Thursdays, beginning February 2, 2012 at CMP Capitol Campus

2635 Chestnut Hill Dr. * Sacramento, CA 95826 * Phone: 916.325.0910

**6:00 pm to 8:00 pm (Please arrange for childcare. This is a "parents/teachers only" event)
\$55 per person/\$75 per parenting couple; plus \$15 materials fee.**

Early Bird Rate if paid by 1/19/2012: \$45 per person/\$65 per parenting couple; plus \$15 materials fee.

Please pre-register to assure availability of training materials.

Previous attendees with this instructor can register for ½ price – or – *free* when bringing a guest paying full registration.

For more info or to schedule a seminar for your organization, contact Lisa Coates at lisacoates@hotmail.com

YES!!! Please register me for your upcoming *Becoming a Love and Logic Parent®* seminar as follows:

_____ CMP Capitol Campus ~ February 2, 9, 16, 23, March 1, 8

(Registration is payable to Lisa Coates and turned into your CMP school office)

Late registrations may be emailed to LisaCoates@hotmail.com and full payment brought to your first class

Name: _____

Address: _____

Home Phone: _____ Work Phone: _____ E-mail: _____

Ages and grades of children: _____ School attending: _____

Enclosed is cash, check or money order for (# _____ person(s): \$ _____) + (\$15 x _____ materials) = Total: _____