



Dear Parents,

As you know, the flu has been around and we want to keep you informed of the types of illnesses being reported by parents. Today, we were informed that one student was diagnosed with the H1N1 virus and is on the road to recovery. Please remember that with flu viruses, students have to be free of symptoms and fever for 24 hours before returning to school. For H1N1, follow your physician's directions. If there is a confirmed diagnosis of the H1N1 flu with your child and/or a member of your family, please keep the school informed as soon as possible at 325-0910.

For more information, please go to the CMP website and click on the Health and Safety link on the home page. You will also find additional information on the Centers for Disease Control website at [www.cdc.gov](http://www.cdc.gov). Below are links that provide information regarding the flu and the H1N1:

<http://www.cdc.gov/h1n1flu/sick.htm>

[http://www.cdc.gov/flu/freeresources/200910/pdf/what\\_to\\_do\\_if\\_you\\_get\\_sick.pdf](http://www.cdc.gov/flu/freeresources/200910/pdf/what_to_do_if_you_get_sick.pdf)

[http://www.cdc.gov/flu/freeresources/2009-10/pdf/h1n1\\_take3.pdf](http://www.cdc.gov/flu/freeresources/2009-10/pdf/h1n1_take3.pdf)

Thank you in advance for your diligence and as always, please feel free to contact me with any questions you may have.

Sincerely,  
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