

Aspen Class

Upcoming Dates & Events

- **Monday, 9/12**
Aspen's Picture Day
- **Wednesday, 9/21**
International Day of Peace;
Aspen Pancake Breakfast
- **Friday, 9/22**
Mobile Book Report due
- **Friday, 9/23**
Minimum Day (12:00 dismissal)
- **Tuesday, 9/27**
3rd Grade Vision Screening
- **Wednesday, 9/28**
2nd Grade Hearing Screening

Homework:

Spelling: Lesson 2
(Parents please check your child's work for accuracy)
Math: Math 4 Today
(Recommendation: one row, front and back, per day)
Reading: 20 minutes per night; please write book on the front of the planner

A Note from the Teachers:

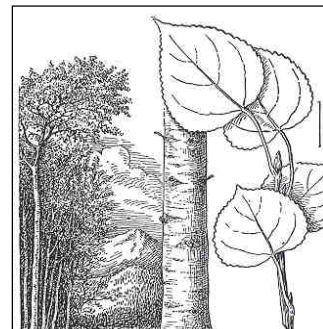
Soon there will be delicious aromas coming from the Aspen kitchen. Next Friday will be our first popcorn sale of the year as well as our very first "Food Prep Friday." Popcorn is 50 cents per bag. Popcorn will be distributed at recess after students have finished eating their lunch. As a class, we will then practice our math skills by counting our revenue. The profits will be used to purchase classroom supplies needed throughout the year and for Montessori materials to be purchased at the Spring American Montessori

Society (AMS) Conference.

Ms. Yarbrough will be working with small groups of chefs each week to prepare a sample of breakfast foods through the month of September. After sampling the prepared dishes, students will have a chance to guess which "Mystery Puree" was included with the recipe. Please take a look at the ingredients flyer on page 2. (A hard copy will also go home in the Wednesday folder.) If your family is not able to contribute ingredients at this time, or are able to contribute additional

items as needed, please let Ms. Yarbrough know.

**Mrs. Fagan &
Ms. Yarbrough**



Combine a protein and complex carbohydrate for a healthy snack.

Suggestion for the week:

Hummus dip with fresh veggies such as carrots, snap peas, broccoli, cauliflower and cherry tomatoes.

A Quote from Maria Montessori

"One test of the correctness of educational procedure is the happiness of the child."

Currently in Cultural Rotation:

Art: Introduction using The Dot

Botany: Student-Made Chart for Botany
Exploration & Rubber Stamp Art Project

Geography: Space Introduction

History: The 1st Great Lesson—
"Born with a Bang"

Visual and Performing Arts (VAPA):
Readers' Theater

Zoology: Living vs. Non-Living

Aspen Class Managers

9/12: Mia
9/19: Joey
9/26: Jayden
10/3: Gordon
10/10: Claire C.

For a lovely touch, class managers are asked to please bring in flowers for our table vases.

Food Prep Fridays

Our first unit of cooking will focus on breakfast foods. Please send ingredients to school the **Wednesday** before the day of cooking. If you are unable to contribute the assigned item for your child's week (or have any other questions, comments, or concerns), please contact Ms. Yarbrough (kyarbrough@cacmp.org).



Don't forget to save your receipts—\$20 = 1 parent hour! Thank you!

Friday, September 16th - French Toast

Mystery Puree—Ms. Yarbrough
1/2 dozen eggs— Simon
Cinnamon— Claire B.
1 loaf whole-wheat bread— Ryan B.
Confectioners' Sugar— Vinny

Blueberries— Joey
Apples (4-5) — Claire C.
Strawberries— Will
Nonstick cooking spray— Zachary

Friday, September 23rd - No Food Prep due to Minimum Day

Friday, September 30th - Applesauce Muffins

Mystery Puree—Ms. Yarbrough
Old-Fashioned Oats—Collin
1/2 gal. Nonfat/Skim Milk—Christopher
Vegetable or Canola Oil—Maggie
1/2 dozen eggs—Dyeon

Flour—Raegan
Unsweetened Applesauce—Evan
Baking Soda—Emily G.
Brown Sugar— Aaron
Baking Powder—Maya

Friday, October 7th - Oatmeal

Mystery Puree—Ms. Yarbrough
Pure Vanilla Extract—Mia
Dried Fruit—Jordyn

Old-Fashioned Oats—Emily Rose
Pumpkin Pie Spice—Lucas

Please detach and send back to class or email Ms. Yarbrough at kyarbrough@cacmp.org.

Child's Name _____

- Our family is unable to contribute Food Prep ingredients at this time.
- Our family is able to contribute extra ingredients as needed.