



Severe Nut Allergy!

This notice is intended to alert the families of the 4th-6th Birch Class that at least one student in the class has a severe allergy to peanuts and ALL tree nuts (i.e. almonds, cashews, pecans, pistachios, hazelnuts, pine nuts, etc.). Their reaction can be anaphylactic, meaning that just contacting or inhaling dust of these foods or food residues can trigger a life threatening reaction for them. We would appreciate cooperation by the families of the Birch Class students in regards to the following:

- Please make an effort to avoid nut containing products in lunches or snacks. We understand that this can be challenging, but minimizing the chance for exposure is the best prevention.
- Please advise your child to sit away from the nut-free table if they bring a nut product to school.
- If your child has a nut product for breakfast or lunch, please emphasize the importance of thorough hand and face washing prior to entering the classroom.
- Discuss this situation with your student so that they can develop safe habits and consideration for their classmates.
- Please avoid nut containing products or those “manufactured in a facility that also processes peanuts or tree nuts” when bringing class treats or other foods intended for the whole class. It is not difficult to find alternative food choices and the labels are clearly stated as required by law.

By working together and adhering to these guidelines, we will provide a safe environment for all of our students. Please feel free to contact your teachers or the office staff if you have any questions.

We sincerely thank you for your cooperation!