

October 1, 2011

Dear 3rd – 8th Grade Parents,

Welcome to CMP wrestling. We are looking forward to an exciting year of wrestling and are driven to help our students gain the necessary skills to be able to compete at a high school level in a sport that can be challenging and rewarding. We will be looking to attend a high school dual meet this year along with having guest coaches and will attend practices with other schools.

- Practice will be Monday thru Thursday starting November 14th 3:30-5:00pm at CMP
- A second schedule and location for middle school and advanced wrestlers may be introduced depending on the number of sign ups.
- Equipment needed are wrestling shoes, headgear and athletic supporter, sweats or shorts with no pockets can be worn to practice. A singlet (uniform) will be provided at a later date. Shoes can be bought for under \$50.00 and headgear under \$30.00. Anyone with braces will need a mouthpiece.
- The cost for the wrestling season is \$ 50.00

Any questions please call Steve at 916 508-2440 or email smr@onemain.com

Please return form to the office by 11/19/2011

Yes, my son would like to wrestle.

Maybe, we need more information.

No thanks- this will not work for our family.

Student's name: _____

Parent's name _____

Email and/or phone number _____